

JOBST® Confidence

How to measure?

Knee high (AD)

Thigh high (AG)

Armsleeve (CG1)

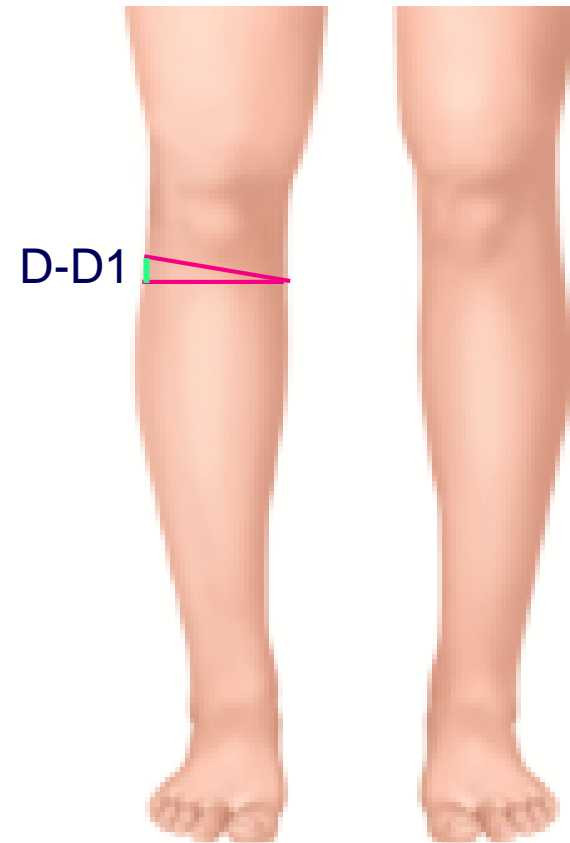
For **JOBST Confidence** we recommend to measure **AD/AG** as follows:

The slip form is ideally 1 tenth of the circumference at G or G

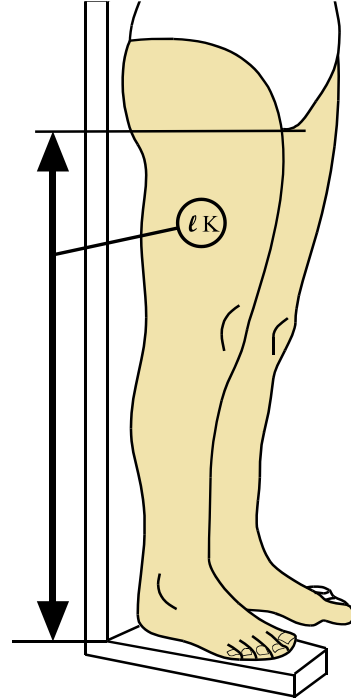
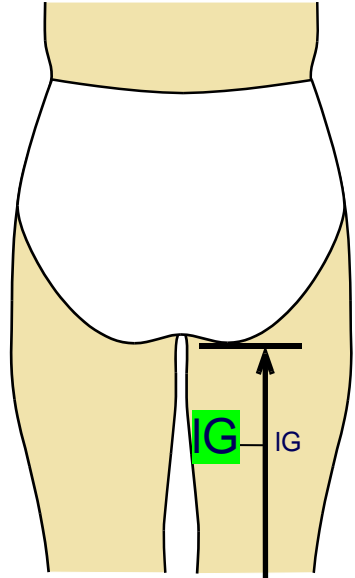
e.g. D-D1

D circumference of 40cm

D-D1 slip form is 4cm



Leg (AG)



Measurement of the final length of thigh high (AG):

Sometimes deviation from the desired to the measured position

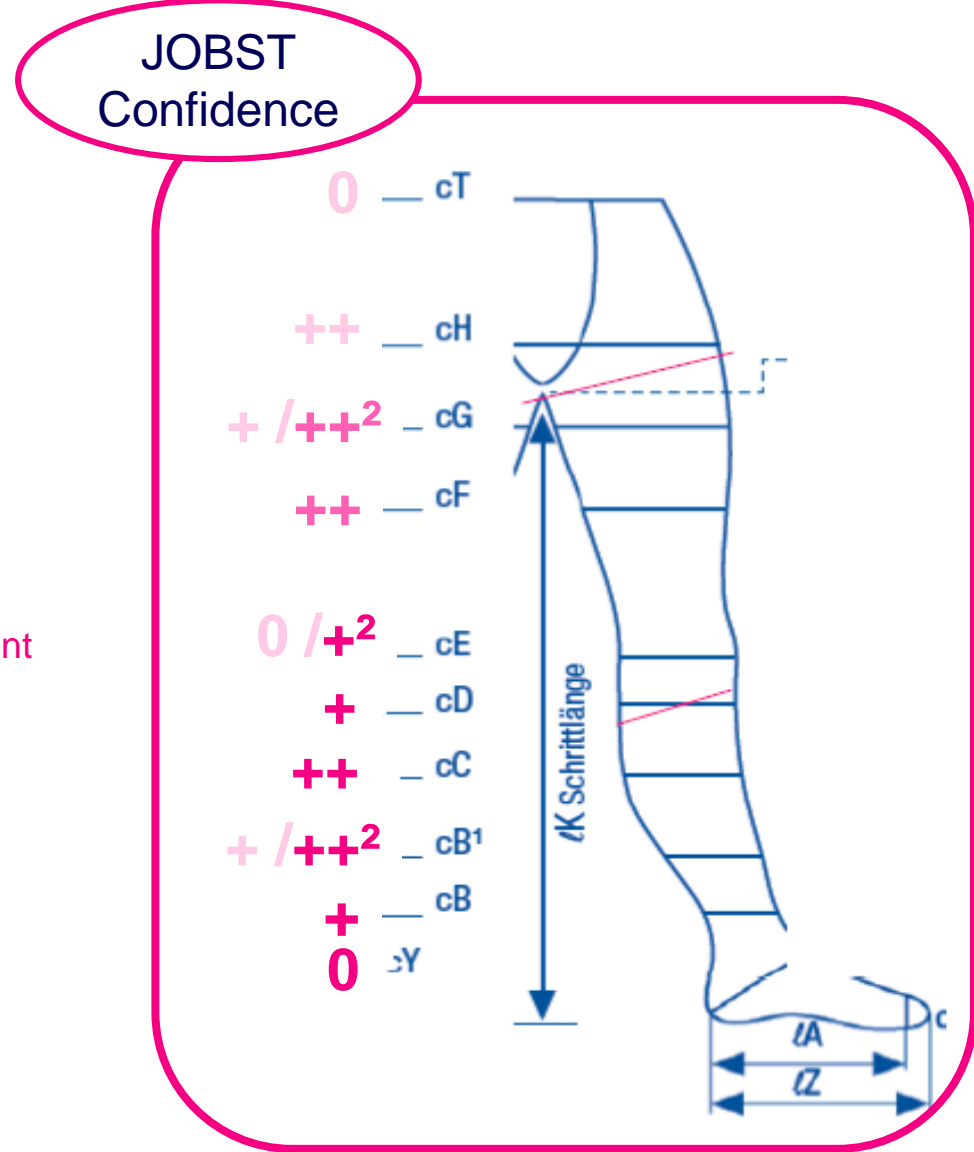
The upper finish should be slightly higher on the inner leg than indicated by the gluteal fold (IG)

So additional measurement inside leg to crotch (IK) is necessary for a better calculation of the length

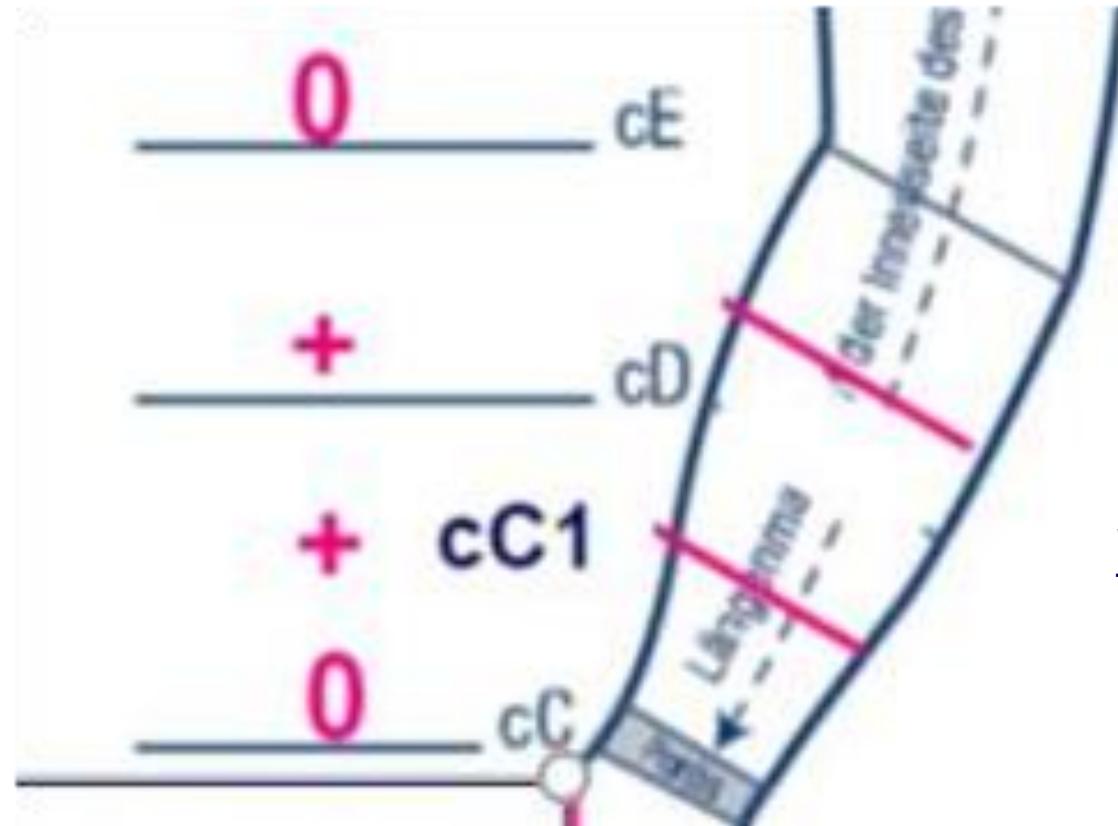
For JOBST Confidence we recommend to measure AD/AG as follows:

Tension	Definition
0	Lay on measurement
+	Pull
++	Stronger Pull
+++	Maximum Pull

² according to how much oedema is present



New measurement C1

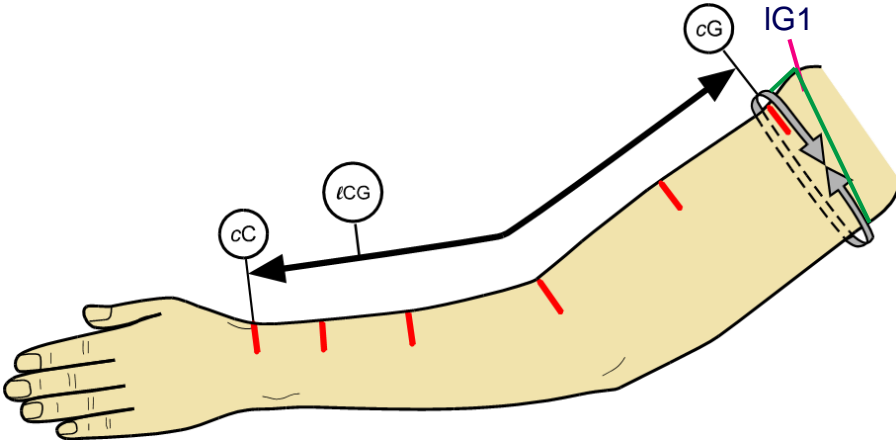


Similar distance between the measuring points

Arm (CG1)

Length G1

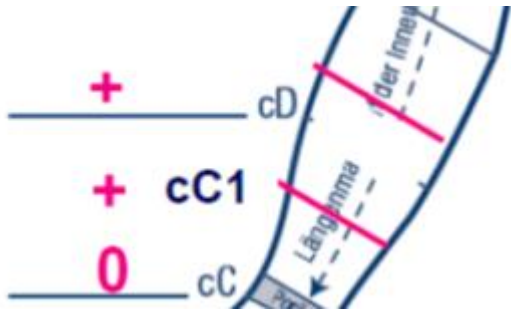
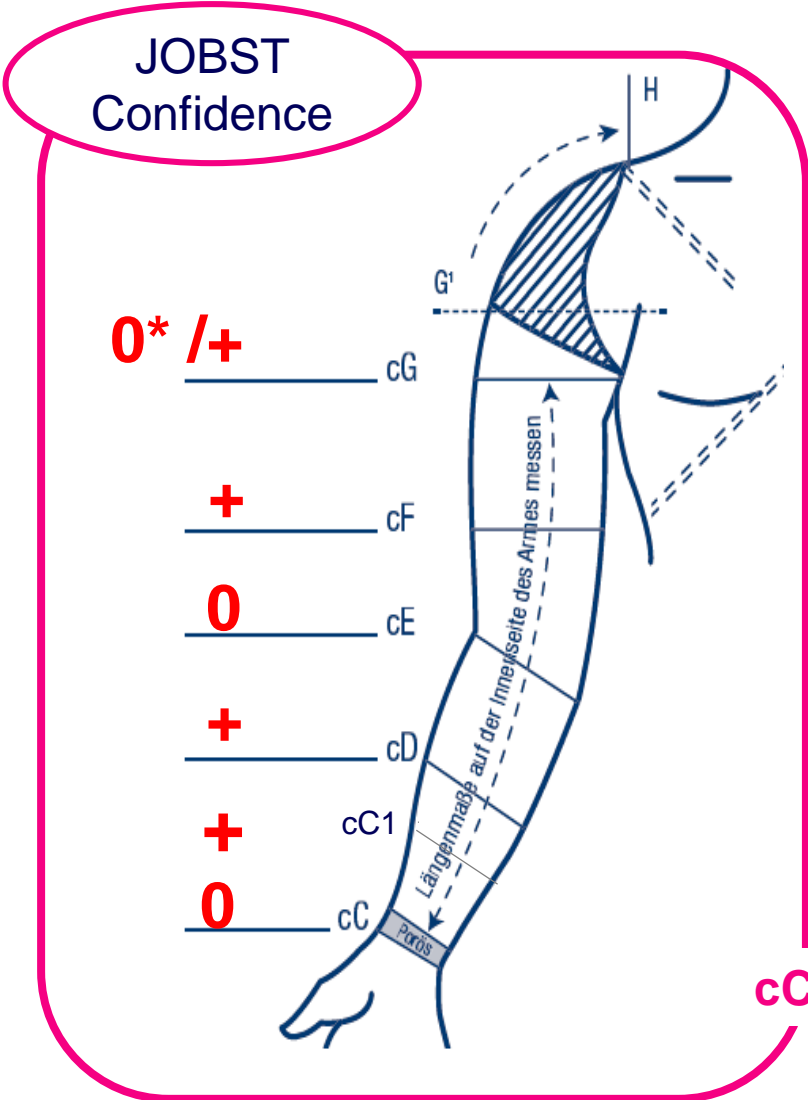
The bias is calculated at 1/10 of the circumference at G



For JOBST Confidence we recommend to measure CG1 as follows:

Tension	Definition
0	Lay on measurement
+	Pull
++	Stronger Pull
+++	Maximum Pull

* Silicon band / ** all other options
 2 according to product/ oedema condition



cC1 new measurement! (needed!)

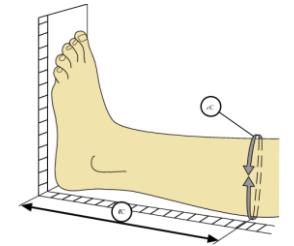
Special features of measuring JOBST Confidence

(based on MEA experience)

Special features JOBST Elvarex, which do **not** apply to JOBST Confidence:

Measuring the Leg:

cC and cD: Adjust the traction so that an equal or ascending measure for cD results → **not applicable** for JOBST Confidence, applies for Elvarex in case of slight oedema at the calf C and D measure, prevent bottleneck.

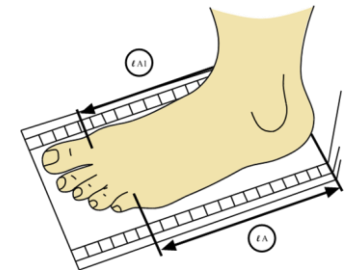


Measuring the foot:

IA and lengths inside / outside → Measuring while standing as JOBST Elvarex

cA → Measuring while **lying** down without load, has been agreed. Circumference cA

along the joints at the end of the toes or the widest point (in case Hallux is present) as JOBST Elvarex



Special features of measuring JOBST Confidence

(based on MEA experience)

Measuring circumference of knee:

cE → depending on knee shape either in the middle of the patella or 2 cm proximal, choose the **bigger** measurement.

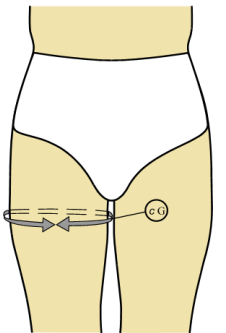
In an earlier Fit Trial we have consistently measured always above the patella with a slight pull.

cE becomes **tighter** if we measure through the hollow of the knee (depends on the patient's situation)



Measuring thigh high finish:

cG → Measuring in standing position and operate the measuring tape circularly on the biggest point of the thigh. Measure with strong lymphological traction (++)!

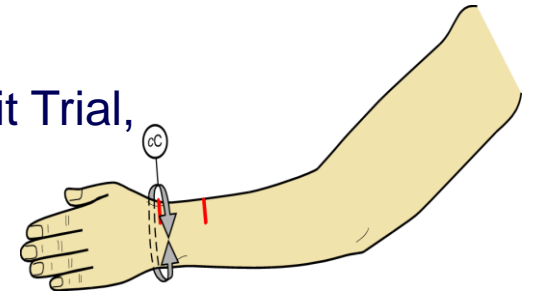


Special features of measuring JOBST Confidence (based on MEA experience)

Measuring the circumference of wrist (arm):

cC: addition for measurements under 18 cm. **Not applicable** for JOBST Confidence, because the la Place`s law is taken into account → was OK in the previously done Fit Trial, the finish was not too tight.

For JOBST Elvarex the addition is necessary!



Measuring of armsleeve finish:

cG: For JOBST Confidence we measure with slight tension, 1st skin resistance (+) → With JOBST Elvarex skin dimension is sufficient (0) for thin arms. Arms with larger circumference can be measured until 1st skin resistance (+).

